



**NOBLE**  
LEADERSHIP SOLUTIONS

**"Team-Strong:**  
Boosting your value without burning out

# WORKSHOP

*One is too small a number to achieve greatness. – John C Maxwell*

## ***Would I want to work with me?'***

What 3 things do I bring to my team?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

★ ***Law of the Bench: Great teams have great depth. You don't win with just starters***

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## ***What makes a team member "valuable"?***

- \_\_\_\_\_ – You show up with purpose
- \_\_\_\_\_ – You connect and collaborate well
- \_\_\_\_\_ – You follow through
- \_\_\_\_\_ – You're always growing

*Team members who grow themselves grow the team.*

★ ***Law of the Significance: One is too small a number to achieve greatness.***

How am I actively contributing to the success of the team?

\_\_\_\_\_

Where could I step up more?

\_\_\_\_\_

*doing fine ≠ "I'm helping others do well"*

*"I'm doing fine ≠ "I'm adding value"*

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## Make the Most Out of Meetings:

Here are 3 quick tips:

- 1) \_\_\_\_\_ the agenda beforehand
- 2) Come ready with \_\_\_\_\_ idea, insight, or question
- 3) Look for a chance to \_\_\_\_\_ or \_\_\_\_\_ on a teammate's idea

*Preparedness shows respect. Participation shows ownership.*

## Avoiding Burnout While Adding Value

Smart Strategy, Not Just Hustle

- 1) Prioritize your \_\_\_\_\_, not just your \_\_\_\_\_.
- 2) Ask for \_\_\_\_\_ — it's a strength, not a \_\_\_\_\_.
- 3) Protect your \_\_\_\_\_. Not every \_\_\_\_\_ is yours to fight.
- 4) \_\_\_\_\_ small wins to stay \_\_\_\_\_.

*"Being valuable doesn't mean doing everything — it means doing the right things with the right attitude."*

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★ ***Law of the Catalyst: Winning teams have players who make things happen.***

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*Do you raise the energy in the room... or drain it?*

*What problem have you helped solve this month?*

*Being a catalyst isn't about being loud — it's about being intentional*

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### ACTION CHALLENGE

**This week:**

- Come prepared with insight for your next team meeting
- Encourage a teammate with specific feedback
- Ask your supervisor: 'What's one way I could bring more value?'